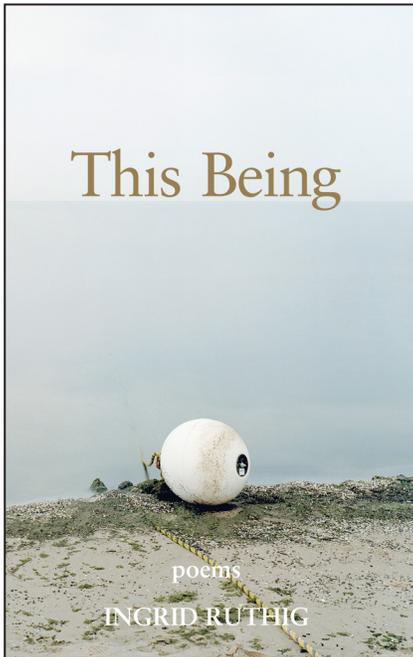




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Photo by Iwona Dufaj

In *This Being*, her debut collection, **Ingrid Ruthig** records the ebb and flow of individual life through time, landscape, and our collective existence. How we connect with the past, where we are now, and despite our inherent separateness, our personal convergences — these are what lay ahead on this journey. Ruthig also explores our need to create, to build a deeper sense of self, of belonging: questioning, observing, then striving to respond. Her voice is confident, concentrated, wry. This is a book of poems about the dynamic of being, and our shifting perception of who we are from one moment to the next.

COMMUTER

*Mindless he rides the present,
station to station, another passing
traveller counting down the week.
Beyond the field of the window, horizon
teases and keeps a sly distance
relative to his approach. Landmarks come
and go, appearing not to change, yet
like chameleons they change – each one
removing him stage by stage from home
and, on the return trip, from work.
He reads for a moment, listens in on
a conversation that's one-sided, then lulled
by rail-sway, sleeps. His stop comes
and goes—*

Ingrid Ruthig earned a Bachelor of Architecture at the University of Toronto in the 1980s and practised the profession for more than a decade. Her work as a writer, editor and artist has appeared widely, with poems published in *The Best Canadian Poetry in English*, *The Malahat Review*, *Descant*, and many other journals and anthologies across Canada and abroad. She is the author of the poem sequence & artist's book *Slipstream*, the chapbook *Synesthete II*, and editor of *The Essential Anne Wilkinson* and *Richard Outram: Essays on His Works*, as well as a forthcoming volume on the work of David Helwig. She lives near Toronto.

For more information, please visit: www.ingridruthig.com